

**“I recover faster and train harder  
with Herbalife® products.”**

**HERBALIFE-SPONSORED ATHLETE**



**HELI JUKKOLA**  
**ORIENTEERING – FINLAND**

**BIO:**

Heli Jukkola has been a member of the Finnish National Orienteering Team since she became a professional athlete in 2003. She won the World Orienteering Championships in long distance and relay in 2007 and placed 2nd in the World Cup that same year. Heli has also been named “Best Orienteer of the Year” four times in Finland.

**ACHIEVEMENTS:**

- 2005 World Cup – 2nd place
- 2006–2007 Relay World Champion
- 2007 World Orienteering Champion
- 2008 European Orienteering Championships, Middle – Gold medal
- 2008 European Orienteering Championships, Sprint – Silver medal
- 2008 Orienteering World Cup – 1st place overall

**FAVORITE PRODUCTS\*:**

Formula 1 Nutritional Shake Mix, Formula 2 Multivitamin Complex, Personalized Protein Powder and Fiber & Herb tablets.

\* Some Herbalife® products are only available in some countries. Consult your local product brochure.



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